

## Connect with us



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# Making the moments that matter



**sense**  
connecting sight, sound and life

Registered charity number 289868



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# No one left out of life.

Life is best measured, not by days or years, but by moments.

Think about the little things you've enjoyed today. Perhaps you've made a cup of tea. Shared a joke with a friend. Gone for a walk with the family.

For those of us who are deafblind or living with complex disabilities, these everyday moments can seem out of reach. But they don't have to be.

At Sense, we know it's possible for everyone to experience the world around them, no matter how complex their disabilities. It's just about having the right support.



For everyone who  
is deafblind.

For everyone who has  
complex disabilities.

**Sense is here to help  
people communicate and  
experience the world.**



# We see possibilities and potential.



When communication is challenging, it can feel incredibly isolating. But there are thousands of ways to connect. Whether it's speech or sign, touch or movement, gesture or sound, art or dance – we help people express themselves and be understood, no matter how long it takes.

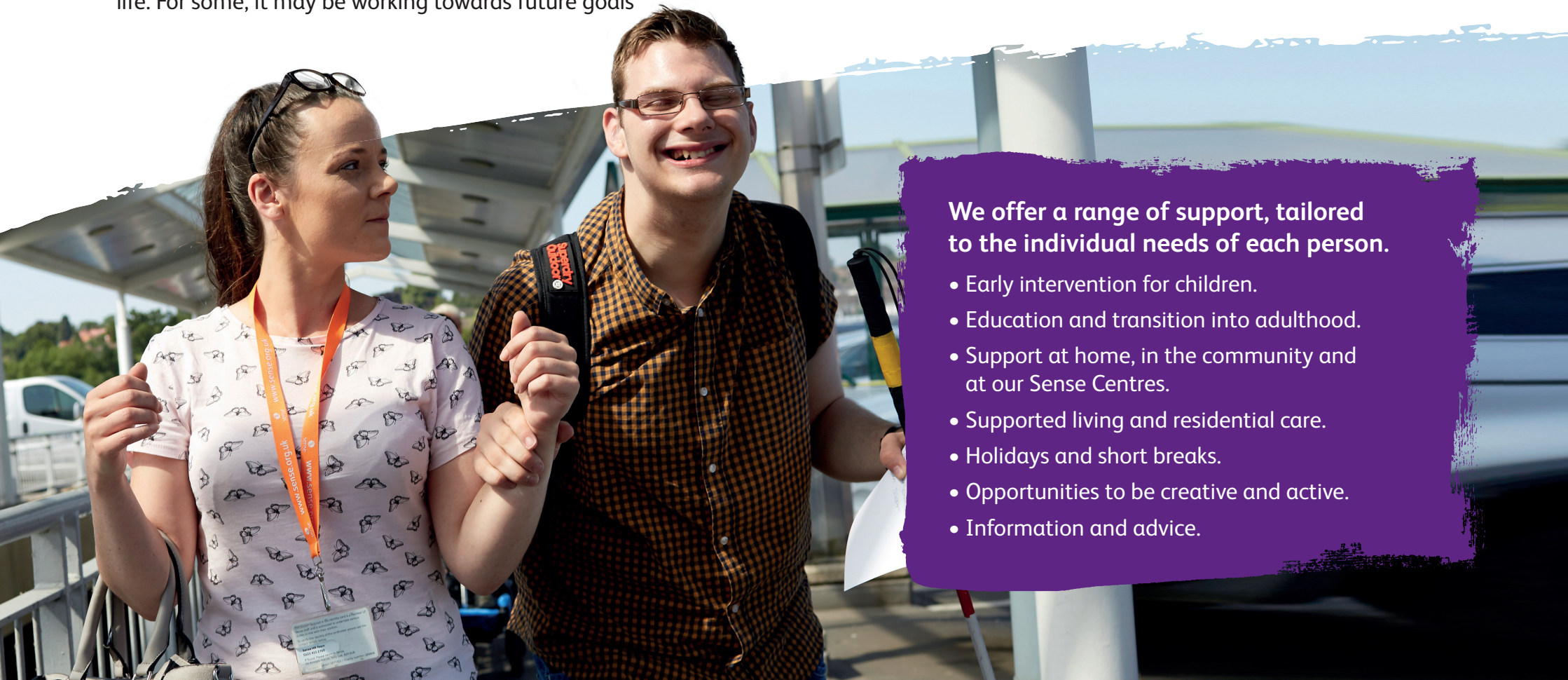
Naturally, everybody we help has a different path through life. For some, it may be working towards future goals

like living more independently in supported housing. For others, finding joy in the here and now may be enough. That could be something as powerfully simple as feeling the rhythm of music or the grass beneath your feet.

At Sense, we believe that everyone, no matter how complex their disabilities, deserves the right to take part in life.

## We offer a range of support, tailored to the individual needs of each person.

- Early intervention for children.
- Education and transition into adulthood.
- Support at home, in the community and at our Sense Centres.
- Supported living and residential care.
- Holidays and short breaks.
- Opportunities to be creative and active.
- Information and advice.





# The best possible start.

The future can seem daunting for a child who is deafblind or has complex disabilities. So we're here to help families find their best way through this new territory, offering expert advice, relaxation and reassurance when it's needed most. Just spending time with other families in a similar position is a source of great support for many people.

Mia and her dad Andy know what a difference this support makes. They're regular visitors to the Mini Magpies group run by Sense. Mia has little eyesight and is startled by sudden changes in light. But when she's swimming in the hydrotherapy pool with her dad she feels safe and comfortable – it's true quality time.

Mia's parents find just as much sanctuary at Sense, sharing their experiences with other families and getting some much-needed guidance. With this support system behind them, parents like Andy can help their child get more out of life.

“

Having that time in the pool each week is massive for her, she really comes alive. Mia is always happy at Mini Magpies, but it's also helped us to come to terms with our situation and the future we face as a family.

Andy, Mia's dad

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# A lifetime of opportunities.



Everyone deserves the chance to live a rich and meaningful life. So Sense helps people living with complex disabilities open doors that would otherwise be closed to them. We'll never give up on a person's potential to learn and make life choices.

Joe proves just what a difference the right support can make. Throughout his childhood, he was limited to using vocalisations and facial expressions to communicate. You can imagine how frustrating this must've been for him.

But Sense knew there was a way to help him continue to learn. Sense spotted Joe's ability to use his eyes to communicate and arranged for him to start using Eye Gaze technology.

It's a gradual process, but with lots of determination from Joe and the unfailing encouragement of Sense College staff, he has a voice at last and can take more control of his life.

Joe is one of thousands of people who have had a breakthrough at Sense. That's why we believe that no one, no matter how complex their disabilities, should be isolated and unable to fulfil their potential.

“

Joe's life has changed completely since being at Sense College. It's like it's gone from being black and white to full colour!

Joe's mum

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# Life's better when we're all connected.

We want to bring about the day when no one with complex disabilities is left out of life – but we can't do this on our own. We as a society need to understand the barriers that those of us living with deafblindness and complex disabilities face. Then we need everyone to feel inspired to do something about it.

After all, everybody deserves to take part in life and enjoy those meaningful moments and connections that bring joy.

To find out more about how you can help make the world a place where no one is left out, no matter what, visit [www.sense.org.uk](http://www.sense.org.uk)

